**Bonus Offer Video Script Example**

As a mother of six, I get asked a lot about how I survive the rebellious years. I’ll tell you, sometimes it’s hard. With the first child, it seemed like she changed overnight. Gone was my sweet little girl and in her place was a disrespectful, rebellious and mouthy teen. For years there were power struggles, creating a constant underlying tension throughout the home. I was frustrated, exasperated and ready to throw my hands up. But we muddied our way through it and I learned a lot of valuable lessons.

When the next child hit the teen years, I was ready for it. I had a plan of action and better understood how my body language, expectations, words and reactions played a large part of how my children act. I also understood more about why teens rebel and what I could do to help them work though some of their own struggles so they could be more at peace with themselves and everyone else. I knew how to better communicate with my teen and how to read their actions better. Compared to the first go-round, the second teenager was smooth sailing.

You too can foster better communication with your child. You can reduce the sass, rebellion and disrespect. Think about it. Can you afford to continue with a disruptive, stressful home? Instead, learn why children rebel and how you can stop much of it before it begins.

With this guide you’ll learn how to

* Channel that rebellion positively
* Offer support and encouragement while your child matures and develops
* Set clear and fair boundaries for your teen
* Speak to your child's heart
* Apologize in a way that reaches your child

Stress affects everyone in the home. When you and your teen find balance in your relationship and meet in the middle, your family bond will strengthen. Just enter your first name and email address below and let's get started today.

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